sterol, rutin, isoquercitrin and quercetin; C. roxburghii: lupeol, glucocapparin and thiodamine; C. tapia: β -amyrin, lupeol and betulinic acid.

Plant part examined. Trunk bark. Isolation and identification. The powdered bark was defatted with light petroleum. The petroleum fraction was concentrated in vacuo and a white precipitate was obtained in a 0.7% yield. After recrystallization (acetone and EtOH), the compound was identified as lupeol by the following physical methods. It gave a positive Lieberman-Burchard test for triterpenes; m.p. $212-214^\circ$; $[\alpha]_D^{25}+26\cdot2^\circ$ (conc. 0.67 in CHCl₃); a violet chromogenic reaction with 70% H₂SO₄ after spraying TLC chromatograms. TLC on silica gel G gave the following R_f values: benzene (0.25), CH₂Cl₂ (0.40); EtOAc-MeOH (4:1) (0.90). The UV spectrum (MeOH): λ_{max} 200 nm (log 3.81). IR spectrum (KBr) at ν_{max} 3320(s), 1640(w), 1445(m), 1380(m), 1180(w), 1105(w), 1040(w), 1010(w), 980(w), and 940(w) cm⁻¹. The purity of the compound was evaluated by GLC (SE-30 Scot, 50 × 0.02), $T = 230^\circ$; 18 min (solvent CHCl₃).

An NMR spectrum in CDCl₃, using TMS as internal standard, showed signals at $4.64 \, \delta$ (d, 2 protons), $3.15 \, \delta$ (s, 1 proton), $1.30-1.78 \, \delta$ (-CH₂- and methine protons, 26), $0.74-1.05 \, \delta$ (overlapping 7 C-CH₃ protons), the MS showed a molecular ion at m/e 426, which was also the base peak. Other major ions were M-CH₃ (23%) m/e 218 (78%), m/e 207 (75%) and m/e 189 (80%).

Finally, the compound was acetylated (Ac₂O and pyridine), and the acetate had m.p 214–215°. The IR lacked bands at 3340 and 1104 cm⁻¹, which were replaced by bands at 1740 and 1245 cm⁻¹, indicative of the ester function.

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COMPOSITAE

7,24(28)-STIGMASTADIEN-3β-OL FROM VERNONIA AMYGDALINA

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Key Word Index—Vernonia amygdalina; Compositae; 7,24(28)-stigmastadien-3 β -ol.

Vernonia amygdalina (H) (Ibo name—Onugbu) is a valuable shrub wide spread in Nigeria. It is more commonly known as 'bitter leaf' because the leaves and the stem have a bitter taste when chewed, though there is a report of a 'sweet' variety. The leaves of 'bitter leaf' are eaten after macerating with water to remove the bitter components and are believed to help digestion. It is not certain if other species like Vernonia anthelmintica and Vernonia colorata which are found elsewhere are eaten, but chemical investigations have been carried out. 2a,b,3

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Unlike V. anthelmintica and possibly V. colorata, V. amygdalina does not produce seeds and in Nigeria, it is propagated by cuttings. Work on V. anthelmintica seeds^{2a} revealed that 7,24(28)-stigmastadien-3 β -ol was present along with other compounds; while V. colorata³ showed the presence of a sesquiterpene ester-hydroxy vernolide.

Light petroleum (b.p. $60-80^{\circ}$) extraction of the pulverized dry stem of V. amygdalina⁴ gave a brown oil. This oil was chromatographed on silica gel (Merck: Kieselgel, $0\cdot2-0\cdot5$ mm, 30-70 mesh ASTM). Light petroleum and benzene fractions eluted oily materials that did not crystallize; 20% CHCl₃-benzene eluted a solid which was recrystallized from MeOH to give light green crystals (leaflets) m.p. $148-151^{\circ}$ (C₂₉H₄₈O MW (MS) of 412). IR showed it to be a steroidal alcohol. It gave an acetate (Ac₂O-HOAc using p-toluene sulphonic acid as catalyst), m.p. and m.m.p., with an authentic sample^{2a} of acetate of 7,24(28)-stigmastadien- 3β -ol, $150-152^{\circ}$. The compounds were identical by TLC.

EXPERIMENTAL

Extraction of stem. The dried powdered stem of V. amygdalina (1.5 kg), extracted with light petroleum, gave an oil (4.5 g).

Isolation of 7,24(28)-stigmastadien-3 β -ol. The oil (4.5 g) was dissolved in light petroleum and chromatographed on silica gel (135 g). The column was eluted progressively and 20% CHCl₃-benzene eluted solids which crystallized from MeOH or benzene. Repeated crystallization yielded 7,24(28)-stigmastadien-3 β -ol as light green crystals (leaflets) (97 mg) m.p. 148-151° (Calc. C, 84·40; H, 11·72. Found: C, 84·31; H, 11·67%) with M⁺ as 412, C₂₉H₄₈O has M⁺ as 412·67); ν_{max} 3300 cm⁻¹ (broad) in Nujol. (Acetate m.p. 150-152°.)

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⁴ Samples of *V. amygdalina* stem supplied by Mrs. V. N. Arene and Mrs. C. Ekundayo of College of Education, University of Lagos.

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EUPHORBIACEAE

CONSTITUENTS OF EUPHORBIA TINCTORIA

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Key Word Index—Euphorbia tinctoria; Euphorbiaceae; nonacosane; octacosanol; γ -euphorbol.

Plant. Euphorbia tinctoria L. Source. Central parts of Iran plateau. Use. Plant is used as purgative, Previous work. None.

Roots, stem, leaves and flowers were extracted with light petroleum (40–60°). The residue was dissolved in petroleum and chromatographed on Kieselgel S. *Nonacosane*. C₂₉H₆₀ (Found, C, 84·90; H, 14·60. Reqd: C, 85·20; H, 14·80% m.p., m.m.p., IR and NMR). Earlier petroleum fractions and crystallization (MeOH-petroleum). *Unidentified ketone*. (m.p. 77°. IR 1720 cm⁻¹). From petroleum-benzene fractions (80–20) crystallized with MeOH. γ-Euphorbol. (m.p. 71–96°, IR 3400 cm⁻¹. Acetate, benzoate m.p., m.m.p. and IR 1740 cm⁻¹ and NMR). From benzene fractions. Crystallized from MeOH. *Octacosanol*. C₂₈H₅₈O (Found: C, 81·56; H, 14·08. Reqd: C, 81·67; H, 14·23%, IR 3418 cm⁻¹, m.p., m.m.p. Acetate, benzoate, m.p., m.m.p., IR 1740 cm⁻¹). From benzene–CHCl₃ (95–5) fractions: crystallized from MeOH-acetone (80–20).

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